

放入食材

請勿在無食材或未蓋上杯蓋的情況下進行攪拌。
將食材放入容器時，請勿超過「MAX FILL (最高水位)」線。



準備提示：為達最佳效果，請將食材切成2至5公分塊狀。

最後加入冰塊或冷凍食材。

然後加入乾燥或黏稠的食材，例如**蛋白粉**、堅果醬和種子。

再加入最多1杯綠葉蔬菜。

接著加入新鮮水果。(為達到最佳效果，請切成2至5公分塊狀)。

首先將液體添加至「MIN LIQUID (最低水位)」線。

覆盆子萊姆與優格果昔

準備：4分鐘
總時間：5分鐘
份量：1至2人份 (每份約250毫升)

食材

300 毫升半脫脂牛奶
1顆萊姆的皮屑和1湯匙果汁
1茶匙龍舌蘭糖漿
60 公克覆盆子優格
120 公克冷凍覆盆子

步驟

- 1 依所列順序將食材放入調理杯中。
- 2 將調理杯安裝到馬達底座上。確保杯蓋已蓋妥。
- 3 使用電源按鈕開啟調理機電源。按下「SMOOTHIE (果昔)」並處理至完成。
- 4 攪拌完成時，從馬達底座上取下調理杯並關閉電源。蓋上飲用蓋並享用。

排毒青汁

準備：4分鐘
總時間：5分鐘
份量：1至2人份 (每份約250毫升)

食材

300 毫升冰鎮椰子水
2湯匙檸檬汁
10 公克新鮮生薑，去皮切片
1/2 顆酪梨，約70 公克，去皮
40 公克新鮮菠菜
40 公克冷凍香蕉片

步驟

- 1 依所列順序將食材放入調理杯中。
- 2 將調理杯安裝到馬達底座上。確保杯蓋已蓋妥。
- 3 使用電源按鈕開啟調理機電源。按下「BLEND (攪拌)」並處理至完成。再按「BLEND (攪拌)」一次或兩次，使飲品均勻滑順。
- 4 攪拌完成時，從馬達底座上取下調理杯並關閉電源。蓋上飲用蓋並享用。

注意：取下杯蓋時，機器可能意外啟動攪拌功能。無需使用時，請使用⓪ 按鈕關閉馬達基座。

綜合莓果香草蛋白果昔

準備：3分鐘
總時間：4分鐘
份量：1至2人份 (每份約250毫升)

食材

330 毫升燕麥奶
1勺 (25 公克) 香草蛋白粉
120 公克綜合冷凍莓果

步驟

- 1 依所列順序將食材放入調理杯中。
- 2 將調理杯安裝到馬達底座上。確保杯蓋已蓋妥。
- 3 使用電源按鈕開啟調理機電源。按下「SMOOTHIE (果昔)」並處理至完成。
- 4 攪拌完成時，從馬達底座上取下調理杯並關閉電源。蓋上飲用蓋並享用。

芒果瑪格麗特

準備：4分鐘
總時間：5分鐘
份量：3人份 (每份約160毫升)

食材

100 毫升龍舌蘭
60 毫升柑橘香甜酒
4湯匙萊姆汁
1湯匙龍舌蘭糖漿
170 公克冷凍芒果塊
4塊冰塊 (每塊20 公克)

步驟

- 1 依所列順序將食材放入調理杯中。
- 2 將調理杯安裝到馬達底座上。確保杯蓋已蓋妥。
- 3 使用電源按鈕開啟調理機電源。按下「CRUSH (壓碎)」並處理至完成。
- 4 攪拌完成時，從馬達底座上取下調理杯並關閉電源。蓋上飲用蓋並享用。

注意：取下杯蓋時，機器可能意外啟動攪拌功能。無需使用時，請使用⓪ 按鈕關閉馬達基座。

花生醬香蕉奇亞籽果昔

準備：4分鐘
總時間：5分鐘
份量：1至2人份 (每份約250毫升)

食材

300 毫升杏仁奶
1茶匙龍舌蘭糖漿
2湯匙滑順花生醬
1/4 茶匙肉桂粉
一撮鹽
1茶匙奇亞籽
100 公克冷凍香蕉片

步驟

- 1 依所列順序將食材放入調理杯中。
- 2 將調理杯安裝到馬達底座上。確保杯蓋已蓋妥。
- 3 使用電源按鈕開啟調理機電源。按下「SMOOTHIE (果昔)」並處理至完成。
- 4 攪拌完成時，從馬達底座上取下調理杯並關閉電源。蓋上飲用蓋並享用。

注意：取下杯蓋時，機器可能意外啟動攪拌功能。無需使用時，請使用⓪ 按鈕關閉馬達基座。

使用裝置前，請務必閱讀隨附的
Ninja® 使用者指南。

NINJA BLAST™ MAX

650
毫升

最大裝填容量為
530 毫升



快速組裝



側視圖

附飲用壺嘴的防漏蓋*

高級提把

650 毫升 不含 BPA 的調理杯*
最大裝填容量為 530 毫升

CRUSHBLADE™ 刀片組件*
刀片保留在調理杯內

可拆卸調理杯底座

BLEND (攪拌)
30 秒手動模式，
可製作蛋白質奶昔

電源
啟動和關閉裝置

SMOOTHIE (果昔) - AUTO-iQ™
(開啟攪拌與暫停)
可製作新鮮或冷凍水果果昔

CRUSH (壓碎) - AUTO-iQ™
(開啟攪拌與暫停)
可製作冷飲

充電式馬達底座
裝置背面的充電埠
*可使用洗碗機清洗的零件

為達最佳效果，使用前
請務必將調理機充電。
第一次使用前請先清潔。

注意：配件與顏色依型號而異。

警告：刀片相當鋒利，清洗時請小心處理刀片組件。碰觸刀片邊緣可能導致割傷。

控制面板

LED 指示燈：

透過電源按鈕圖示和攪拌功能按鈕上的 LED 燈顯示。

充電中：

- 使用隨附的充電線為裝置充電。
- 首次使用前請為裝置充飽電。
- 完全充飽電約需 3 小時。

準備攪拌

攪拌功能恆亮白色燈
電源 LED 指示燈會依電量亮起對應顏色。

刀片卡住錯誤

所選攪拌功能閃爍紫色燈
食材卡在刀片中。
加入更多液體或搖晃調理杯，以從刀片中清除卡住的食材。

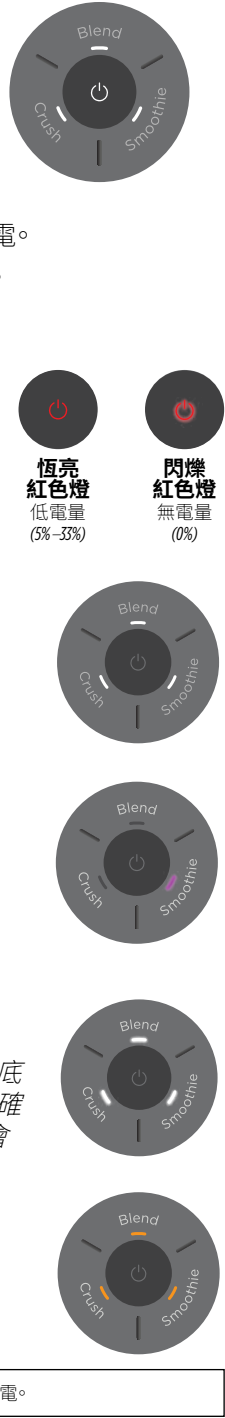
調理杯安裝不當錯誤

攪拌功能閃爍白色燈
未正確將調理杯安裝到馬達底座上。重新安裝調理杯。若正確安裝到馬達底座上，調理杯會發出「咔嚓」聲。

馬達過熱保護錯誤

攪拌功能恆亮橘色燈
馬達底座過熱。在室溫下靜置冷卻 60 分鐘。

注意：如果顯示過熱錯誤，裝置將無法充電。



攪拌說明

攪拌前，請確保調理機已充飽電。

攪拌前請先檢查電池 LED 指示燈的顏色。

(綠色：準備就緒；紅色恆亮：低電量；閃爍紅色：電量耗盡)

- 將調理杯安裝到馬達底座上，順時針旋轉，直到調理杯卡入馬達底座並固定到位。
- 使用電源按鈕啟動裝置，並確保電源圖示亮起的指示燈為綠色，表示電池已充飽電。
請參閱馬達底座側面的 LED 指示燈說明，以瞭解更多電池資訊。
- 先取下杯蓋，再放入食材。
- 放入食材時，先放入液體食材，再放入較軟的食材，最後放入較硬的食材 (冷凍水果和冰)。
- 為調理杯蓋好杯蓋。
- 選取攪拌模式：
Blend (攪拌)：(30 秒手動模式) 可製作蛋白質奶昔
Crush (壓碎)：可製作冷飲
Smoothie (果昔)：可製作新鮮或冷凍水果果昔
如有必要，可選取「BLEND (攪拌)」按鈕以再次攪拌。
- 攪拌完成時，從馬達底座上取下調理杯，然後透過飲用蓋享用。



清潔說明

在清潔過程中，請勿讓馬達底座接觸到液體。

請先從馬達底座上取下調理杯，再進行清潔。

快速清潔

- 將調理杯從馬達底座上取下，並從調理杯上取下杯蓋。加入溫水至「MIN LIQUID (最低水位)」線，然後加入 1 小滴洗碗精。
- 為調理杯蓋好杯蓋，將調理杯安裝到馬達底座上，然後按下「BLEND (攪拌)」。
- 攪拌完成後，從馬達底座上取下調理杯，倒掉內容物，用溫水沖洗調理杯和杯蓋。
- 如有需要，可用濕布擦拭馬達底座。

手洗

- 從馬達底座上取下調理杯，用溫肥皂水清洗杯蓋和調理杯。
- 使用洗碗器具清潔調理杯內的 CrushBlade 刀片組件。刀片組件很鋒利，清潔時請小心作業。
- 倒掉內容物，用溫水沖洗調理杯和杯蓋。

洗碗機清潔

- 調理杯和飲用蓋可放置於洗碗機上層清洗。請勿使用加熱烘乾功能。



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AUTO-IQ、CRUSHBLADE 和 NINJA BLAST
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BC251TWSeries_IG_QSG_TC_MP_Mv1

LOAD IT UP

DO NOT blend without ingredients or without lid.
DO NOT go past MAX FILL line when loading vessel.



PREP TIPS: For best results, cut ingredients in 2-5 cm pieces.

- 5 **Finish** off with ice or frozen ingredients.
- 4 Then add dry or sticky ingredients, like **protein powders**, nut butters, and seeds.
- 3 Then add up to 1 cup of leafy greens.
- 2 Next add fresh fruits. (for best results, cut in 2-5 cm pieces).
- 1 **Start** by adding liquid up to the **MIN LIQUID** line.

RASPBERRY LIME & YOGHURT SMOOTHIE

PREP: 4 MINUTES
TOTAL TIME: 5 MINUTES
MAKES: 1-2 SERVINGS (APPROX. 250ML PER SERVING)

INGREDIENTS

300ml semi-skimmed milk
Zest of one lime and 1 tablespoon juice
1 teaspoon agave syrup
60g raspberry yoghurt
120g frozen raspberries

DIRECTIONS

- 1 Add ingredients into the blending vessel in the order listed.
- 2 Install the blending vessel onto the motor base. Ensure the lid is shut.
- 3 Turn the blender ON using the power button. Press **SMOOTHIE** and process until complete.
- 4 When blending is complete, remove blending vessel from the motor base and power off. Use sip lid and enjoy.

GREEN DETOX

PREP: 4 MINUTES
TOTAL TIME: 5 MINUTES
MAKES: 1-2 SERVINGS (APPROX. 250ML PER SERVING)

INGREDIENTS

300ml chilled coconut water
2 tablespoons lemon juice
10g fresh ginger, peeled and sliced
1/2 avocado, approx. 70g, peeled
40g fresh spinach
40g frozen banana slices

DIRECTIONS

- 1 Add ingredients into the blending vessel in the order listed.
- 2 Install the blending vessel onto the motor base. Ensure the lid is shut.
- 3 Turn the blender ON using the power button. Press **BLEND** and process until complete. Press **BLEND** one or two more times for a smooth consistency.
- 4 When blending is complete, remove blending vessel from the motor base and power off. Use sip lid and enjoy.

NOTE: Unintentional blending can occur when the lid is removed. Turn the motor base off using the  button when not in use.

MIXED BERRY VANILLA PROTEIN SMOOTHIE

PREP: 3 MINUTES
TOTAL TIME: 4 MINUTES
MAKES: 1-2 SERVINGS (APPROX. 250ML PER SERVING)

INGREDIENTS

330ml oat milk
1 scoop (25g) vanilla protein powder
120g mixed frozen berries

DIRECTIONS

- 1 Add ingredients to the blending vessel in the order listed.
- 2 Install the blending vessel onto the motor base. Ensure the lid is shut.
- 3 Turn the blender ON using the power button. Press **SMOOTHIE** and process until complete.
- 4 When blending is complete, remove blending vessel from the motor base and power off. Use sip lid and enjoy.

MANGO MARGARITA

PREP: 4 MINUTES
TOTAL TIME: 5 MINUTES
MAKES: 3 SERVINGS (APPROX. 160ML PER SERVING)

INGREDIENTS

100ml tequila
60ml triple sec
4 tablespoons lime juice
1 tablespoon agave syrup
170g frozen mango pieces
4 ice cubes (20g each)

DIRECTIONS

- 1 Add ingredients into the blending vessel in the order listed.
- 2 Install the blending vessel onto the motor base. Ensure the lid is shut.
- 3 Turn the blender ON using the power button. Press **CRUSH** and process until complete.
- 4 When blending is complete, remove blending vessel from the motor base and power off. Use sip lid and enjoy.

NOTE: Unintentional blending can occur when the lid is removed. Turn the motor base off using the  button when not in use.

PEANUT BUTTER BANANA & CHIA SEED SMOOTHIE

PREP: 4 MINUTES
TOTAL TIME: 5 MINUTES
MAKES: 1-2 SERVINGS (APPROX. 250ML PER SERVING)

INGREDIENTS

300ml almond milk
1 teaspoon agave syrup
2 tablespoons smooth peanut butter
1/4 teaspoon ground cinnamon
Pinch of salt
1 teaspoon chia seeds
100g frozen banana slices

DIRECTIONS

- 1 Add ingredients to the blending vessel in the order listed.
- 2 Install the blending vessel onto the motor base. Ensure the lid is shut.
- 3 Turn the blender ON using the power button. Press **SMOOTHIE** and process until complete.
- 4 When blending is complete, remove blending vessel from the motor base and power off. Use sip lid and enjoy.

NOTE: Unintentional blending can occur when the lid is removed. Turn the motor base off using the  button when not in use.

Please make sure to read the enclosed
Ninja® Owner's Guide prior to using your unit.

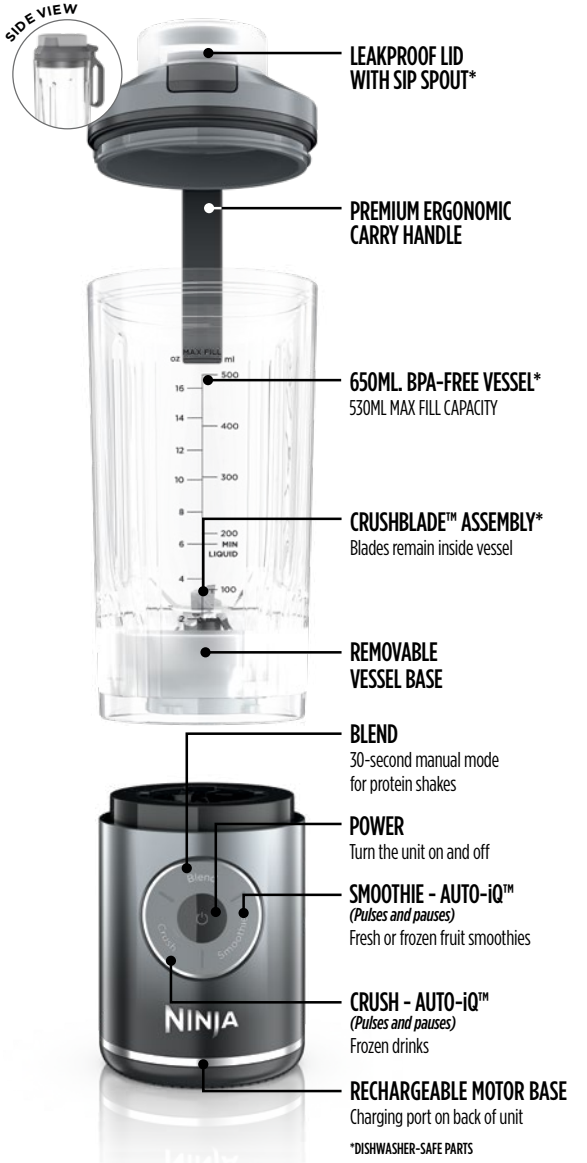
NINJA
BLAST™
MAX

650ml

530ML MAX FILL
CAPACITY



QUICK ASSEMBLY



For best results, ensure the blender is fully charged before use.

Clean before first use.

NOTE: Accessories and colour vary by model.

▲WARNING: Handle the blade assembly with care when washing, as the blades are sharp. Contact with the blades' edges can result in laceration.

CONTROL PANEL

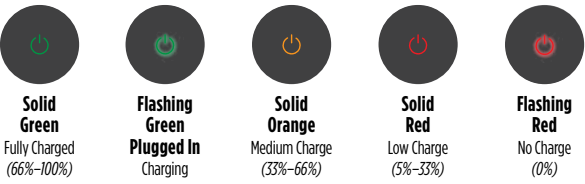
LED Indicators:

Displayed through power button icon and blending program LEDs.



Charging:

- Use the provided charging cable to charge the unit.
- Charge the unit fully before first use.
- A full charge should take approximately 3 hours.



Ready to Blend

Blending Programs Solid White
Power LED will illuminate with battery life color.



Blocked Blades Error

Selected Blending Program Flashes Purple
Ingredients are stuck in the blades. Add more liquid or shake the vessel to dislodge the blocked ingredients from the blades.



Vessel Improperly Installed Error

Blending Programs Flash White
Vessel is not properly installed onto motor base. Re-install vessel. Vessel will “click” when properly installed onto motor base.



Motor Overheating Protection Error

Blending Program Solid Orange
Motor base is overheating. Let sit at room temperature to cool down for 60 minutes.



NOTE: Unit will not charge if overheating error is present.

BLENDING INSTRUCTIONS

Before blending, ensure your blender is fully charged.

Check the battery LED colour before blending.
(**Green:** ready, **Solid Red:** low battery, **Flashing Red:** dead battery)

- 1 Install the vessel onto the motor base, twisting clockwise until the vessel clicks onto the motor base.
- 2 Turn the unit ON using the power button and ensure the power icon is **GREEN**, indicating the battery is full.

Refer to LED guide on side of motor base for more battery information.



- 3 Remove the lid before loading ingredients.
- 4 Add your ingredients, starting with liquid ingredients, then adding softer ingredients, and finishing with tougher ingredients (frozen fruit and ice).
- 5 Secure the lid to the vessel.
- 6 Select your blending mode:
Blend: (30-second manual) for protein shakes
Crush: for frozen drinks
Smoothie: for fresh or frozen fruit smoothies
Select the BLEND button to re-blend if necessary.
- 7 When blending is complete, remove the vessel from the motor base and enjoy through the sip lid.

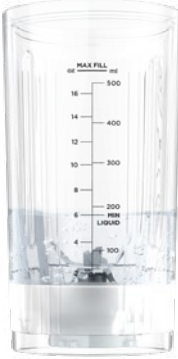
CLEANING INSTRUCTIONS

DO NOT expose the motor base to liquid during the cleaning process.

Remove vessel from motor base before cleaning vessel.

QUICK CLEAN

- 1 Remove vessel from motor base and remove lid from vessel. Add warm water to the MIN LIQUID line then add 1 small drop of dish soap.
- 2 Secure the lid onto the vessel, attach the vessel onto the motor base, and press BLEND.
- 3 After blend is complete, remove vessel from motor base, empty contents, and rinse vessel and lid with warm water.
- 4 If needed, wipe motor base with a damp cloth.



HAND-WASH

- 1 Remove the vessel from the motor base and wash the lid and vessel with warm soapy water.
- 2 Use a dishwashing utensil to clean the CrushBlade Assembly inside the vessel. Exercise care when cleaning the CrushBlade Assembly as the blades are sharp.
- 3 Empty contents and rinse vessel and lid with warm water.

DISHWASHER CLEANING

- 1 Vessel and sip lid are top-rack dishwasher safe. **DO NOT** use a heated dry cycle.



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BLAST™
MAX



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